














Botanical Name	Cultivar	Common Name	Comments	Size	Sun-Shade	Soil Type	Blooms	Color	Attracts	
<i>Asclepias incarnata</i>		Swamp Milkweed	Monarch lays egg on under side of leaf. The only species monarch larvae can eat.	3-4 feet	Full Sun to Part Shade	Wet to moist to well-drained	Jul-Sept	Dusty rose pink flowers	Native pollinators, butterflies, Monarch caterpillar food source	
<i>Coreopsis verticillata</i>		Threadleaf Coreopsis	Seed eaten by birds	1-2 feet	Full Sun to Part Shade	Well-drained to dry, Drought tolerant	Jun--Jul	Bright yellow flowers	Birds, butterflies	
<i>Eupatorium fistulosum</i>		Tall Joe Pye Weed	Host to 40+ caterpillar species, whorled leaves in sets of 3 to 5	2-6 feet	Full Sun to Part Shade	Moist to wet	Aug-Oct	Dusty pink flowers	Native pollinators, butterflies	
<i>Helianthus</i>	Lemon Queen	Sunflower	Free-flowering, upright bushy clump	6-8 feet	Full Sun to Part Shade	Well-drained to dry	Jun-Aug	Lemon yellow flowers	Bees, butterflies	
<i>Heliopsis helianthoides</i>	Summer Nights	False Sunflower	Exceptionally long bloom time	3-4 feet	Full Sun	Well-drained to dry	Jun-Sept	Golden yellow flowers with mahogany centers	Native pollinators, butterflies	
<i>Iris versicolor</i>		Blueflag Iris	May be grown in 2-4' of standing water. Forms colonies in the wild.	2-2.5 feet	Full Sun to Part Shade	Medium to wet	May-Jun	Violet blue flowers	Butterflies, bees	
<i>Monarda didyma</i>	Jacob Cline	Bee Balm, Wild Bergamot	Aromatic leaves smell like Earl Grey tea (made with bergamot oil)	3-4 feet	Full Sun to Part Shade	Medium to wet	Jul-Sept	Scarlet red flower	Butterflies, bees hummingbirds	

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Penstemon digitalis	Husker Red	Tall White Beard tongue	Best foliage color in full sun.	2-3 feet	Full Sun	Well-drained to dry	Apr-Jun	White 2-lipped tubular blooms, maroon foliage	Bees, butterflies, hummingbirds	
Phlox paniculata	Pixie Miracle Grace	Garden Phlox	Fragrant blooms, resists powdery mildew	12-18 inch	Full Sun to Part Sun	Medium	Jul-Sept	Violet pink blooms with white center markings	Butterflies, hummingbirds	
Pycnanthemum muticum		Sawtoothed Mountain Mint	Fragrant. Butterfly nectar source. Thrives in woodland gardens.	2-3 feet	Full Sun to Part Shade	Moist to dry	Jul-Sept	White blooms, green foliage	Beneficial insects like lacewings & lady beetles	
Rudbeckia lacinata		Black-eyed Susan, Tall coneflower	Tolerates moist not drought	2-9 feet	Full Sun to Part Shade	Medium	Jul-Sept	Drooping Yellow petals with green centers	Butterflies	
Senecio aureus		Heart-leaved Groundsel, Golden Ragwort	Wetland plant. Strong bloom, even in shade. Groundcover, forms colonies	1-3 feet	Full Sun to Full Shade	Moist to well-drained	Spring	Golden daisies over toothed basal green leaves	Small bees and flies (nectar). Host to The Gem moth's caterpillar	
Silphium perfoliatum		Cup Plant	Square stems, opposite cup-forming leaves hold water after rain. Taproot.	4-8 feet	Full Sun to Part Shade	Moist loamy to well-drained	Jul-Sept	Yellow daisy-like flowers at top of stout unbranched stems	Native pollinators, butterflies, songbirds. Goldfinches eat seeds, drink from leaf cups.	
Solidago	Little Lemon	Little Lemon Goldenrod	Dwarf goldenrod. Goldenrods don't cause hay fever,	10-12 inch	Full Sun to Part Shade	Dry to medium. Drought tolerant	Jul-Aug	Clusters of tiny yellow flowers	Bees and butterflies (nectar)	